# Badsey Bugle

July/August 2006

Parish news from Badsey and Aldington

# Health and fitness on school's curriculum

The children and teachers of Badsey First School enjoyed a superb "healthy lifestyles" week in June, taking advantage of the many opportunities to join in the many different activities on offer.

Even school assemblies took on the health theme, with dance mats to encourage everyone to get their pulses going at the start of the day.

Pupils were asked to design their very own healthy lunchbox, and bring it to school to eat, and all classes and age groups have been learning to follow and cook a healthy recipe.

A competition was organised by staff, following the same theme, which asked pupils to design a poster to promote the healthy and hygenic use of the school toilets (still being judged at time of going to press!).

Sporting activites were a little different to those the children are used to.

Golf was the game of choice on one of the days and on another class KS2 "wowed" their teachers by completing the Tesco School Run.

The week's activities culminated in a sponsored "skip" in aid of the British Heart Foundation – and the school extends its thanks to everyone who sponsored the children.

To encourage long-term healthy eating, the school as ordered a supply of reward stickers, which will be distributed to children who have either fruit or vegetables in their lunch boxes. ALDINGTON FETE, BARNDANCE & BBQ

Saturday, 21 August

A traditional village fete will be held in the afternoon and a Barndance in the evening

The fete is free and tickets for the Barndance and BBQ are available in advance from Pat Sparrow on 01386 830985 or Mike Lovatt on 01386 830755

All welcome – please come and support your village

# No August issue, but we're back in September

Bit soon for a summer break, you might all be thinking, considering we've only just launched our newsletter, but don't worry, we'll be back at the beginning of September. *The Bugle* has been extremely well received by its readers, judging by the kind comments and compliments I've been receiving. But remember, I need to hear from anyone who has articles they'd like to contribute in good time so they can be included in relevant issues.

Yvonne Haynes

# TO ADVERTISE IN THE BUGLE CALL JO SIMPSON ON 01386 584398

or email joanne.simpson@lineone.net

To make editorial contributions, please contact Yvonne Haynes on

email: ymhaynes@aol.com

Copy deadline is 15th of each month.

# INSIDE

Out & About	2
In Church	3
Notices/Kids	4
Home & Garden	5
WI/Schools	7
And finally	8

# Queen holds court at The Vicarage

The BBQ held at Badsey Vicarage on Friday 9 June, to commemorate HM the Queen's 80th birthday, took place on a glorious summers night and was a huge success.

The Vicarage garden was festooned with banners and a lovely photograph of the Queen took centre stage.

Guests turned up in an array of red, white and blue outfits adding to the occasion. Guests were entertained with an impromptu dance by the young people who were there and Chris Smith lead a "sing-song" of national songs with great gusto.

A loyal toast to Her Majesty was made by Rev Richard Court and a lovely evening was enjoyed by all. Over 85 people attended the event and a sum of £307.40 was raised for Church Funds. A very big thank you to all who attended and made the evening so successful and helped raise this very unexpected sum of money. And well done to all those who helped in so many ways on the night - especially the "chefs" who "sizzled" the evening away over very hot BBQs!

# Rubbish request

Badsey and Aldington Parish Council is inviting applications to clear, twice weekly, the litter on the Recreation ground, Sands Lane and to clean once a week The Pike and Willersey Road bus shelters.

The position, to be awarded on a self employed basis, will become available in mid August.

Further details are available from Sue Campbell, Clerk to the Council, Greenacres, 18 Sands lane, Badsey, Evesham, Worcs. WR11 7EZ. Email Campbemrs6@aol.com. Applications should be made in writing only please by 14th July 2006.

The date of the next Parish Council Meeting is Wednesday, 16 August to be held at The Remembrance Hall, Badsey at 7.30pm.

### Ring out the bells

Badsey's St James Guild of Bellringers will be celebrating their 300th Birthday during the week running up to the St. James Festival.

The celebrations start on Monday 17 July (practise night). On following evenings the Guild will be joined by visiting teams. The "Full Peal Attempt" will be rung by the Worcestershire & District Association of Change Ringers on the morning of 22 July for the Annual Flower Show and in honour of St James.

On Sunday 23 July there will be a celebration Service at 6.30pm. Go along to enjoy the beautiful Bells and sing some lovely hymns. All are welcome. The Bell Tower will also be open from 2 - 4pm for anyone who would like to try ringing a bell or just watch one being rung.



MvtaVlt: ViglLans: In:seX; nos Cvra: robertl: hlLL: lbl: VIC: gVL: Clark:efflClt: arte sVa: ano Translated reads:-"The watchful care of Robert Hill, vicar here, changed us into six. Wm Clark did the work by his own skill"

The above inscription from the tenor bell is known as a CHRONOGRAM. The large letters, taken as Roman numerals, add up to make the date which shows that the back six bells were cast in 1706 by Clark & Bushel of Evesham - the only full ring of six from this foundry in the world. The other five bells all bear the Clark & Bushel symbol with the initials of Michael Bushel on the 5th bell of the six, who married Wm. Clark's daughter.

# Final call for Choir tickets...

Don't miss the chance to hear the renowned Abbw Valley Male Voice Choir, who will be performing in concert at St James' Church, Badsey with Aldington on Saturday, 15 July.

The concert starts at 7.30pm and tickets cost £10, to include wine in the interval. Tickets are available from Annette and Chris Robbins (01386 831004), Yvonne Haynes (01386 830063), Chris Print (01386 831236), Hazel Smith (01386 832263), Wendy Such (01386 832283), Chris Smith (01386 830217) and Terry Sparrow (01386 833368.

Book now to avoid disappointment!

# **Josephine Davies**

Grad. Dip. Phys. M.C.SP., S.R.P.

Chartered & State Registered **PHYSIOTHERAPIST** 

#### For treatment of:

- neck, back, muscle & joint problems;
- sports and repetitive strain injuries;
  - arthritis and shingles.

14 Smallbrook Road, Broadway Worcs WR12 7EP 01386 858808

Bell ringing is an ancient art. I am probably not the best person to ask about it, but I know that when we hear the bells ring out on a Sunday (or on practice nights), what we hear is known as change ringing, which is a custom peculiar to this country and has been since about the middle of the 17th century.

The bells are rung before services, at weddings, sometimes at funerals, and often to commemorate Church festivals and National events. The ringing is an integral part of our regular worship of Almighty God. They ring out that the church is alive in this place and invite people to join in the praise of God.

A bell, or set of bells, is a musical instrument. Some say they are one of the oldest percussion instruments still in regular use and great care and skill is called for in the making of them. We are fortunate in the benefice to have bells that are regularly rung in each of the parishes, not only by our own competent teams, but also by visiting teams.

So what prompts me to all this talk of bells? Six of the eight bells at St James in Badsey have an important birthday this year; they are 300 years old and were cast by Clarke & Bushel in Evesham in 1706, and that, to my mind, is something to talk about and to celebrate. We are going to celebrate their birthday during the week commencing 17 July, culminating in a celebration service at 6.30 pm on Sunday 23 July (see page 2 for details).

Next time you hear the bells ring out, be it at Badsey, Bretforton or Offenham, you will know that they signify that the church is at prayer in that place and they invite you (whether you come to church or not) to thank God for all his gifts to us.

#### Valedictory Service

I wrote in *The Bugle* last month about John Callaghan's retirement after 56 years as a Reader and that John had agreed to preach at a valedictory service. As John has been part of the worshiping community in Badsey for some 26 years, it seems appropriate that the service should take place in the parish church of St James, Badsey with Aldington. It is on Sunday 16 July at 6.30pm and I hope as many of you as possible will be able to join John on this very special occasion.

#### Thank you, Thank you, Thank you

Thank you to all who contributed to Christian Aid. Thank you to those who delivered the envelopes. Thank you also to George for having the collecting box in the shop.

This years collection will help to transform the lives of families in Bolivia, and other poor communities around the world.

Christian Aid work with partner organisations who are based where the need is.

Next year Badsey's collection could be increased. We need someone who will take up the challenge to find a team of people to collect the envelopes, count and bank the money. Could you do it? Details from The Vicar or Sue Cole (831260).

THE UNITED BENEFICE OF BADSEY WITH ALDINGTON, OFFENHAM AND BRETFORTON Morning Prayer is said at 07.45am each weekday at Badsey except Tuesday & Wednesday, which are a Eucharist. There is also a monthly Eucharist service on the FIRST Wednesday in the Month at 10am at Badsey

	2 JULY 3rd after Trinity ( Green)	9 JULY 4th after Trinity (Green)	16 JULY 5th after Trinity (Green)	23 JULY 6th after Trinity (Green)	30 JULY 7th after Trinity (Green)
Badsey With Aldington	10.30am Ordination service at Worcester Cathedral (no  11am service in church) 6.30pm Evensong	10.30am Benefice Service at Bretforton with German visitors  6.30pm Benefice Eucharist at Badsey with German visitors	11am Morning Celebration 6.30pm Valedictory Evensong for John Callaghan at Badsey	9.30am Eucharist 6.30pm Evensong	6.30pm Eucharist
	6 AUGUST Transfiguration (8th after Trinity) (White)  1 lam Family Worship  6.30 pm Evensong	13 AUGUST Blessed Virgin Mary (9th after Trinity) (White)  11am Praise & Worship  6.30 pm Eucharist	20 AUGUST 10th after Trinity (Green)  11am Morning Celebration 6.30 pm Evensong	27 AUGUST 6th after Trinity (Green) 9.30 Eucharist 6.30 pm Evensong	

# NOTICES/KID'S PAGE

# German visit '06

Our friends from the Halberstadt region of Germany are visiting us again from 6-10 July.

We will be taking them to Coventry Cathedral, to Skills on Show at Worcester, to see the Morris Men at Bretforton and to Holland House for a cream tea.

We will be holding a Eucharist at which both Richard and Gudrum (German pastor) will take part and you are all welcome to join us in Badsey Church at 6-30pm Sunday, 9 July.

We are also having a "bring and share" meal for them at Badsey Remembrance Hall on Thursday 6 July from 7pm. If you would like to join us, you would be welcome, but could you let one of us know for catering purposes.

Details from Penny Christison (830367) or Sue Cole (831260)

Richard Court

#### **Notices**

#### ST. JAMES FLOWER GUILD ROTA – JULY 2006

1st Sunday	Maureen Davies and Sandra Sparrow
2nd Sunday	Annette Robbins and Sheila Taylor
3rd Sunday	Avril Court, Hazel Smith and Hazel
	Stewart
4th Sunday	Pat Goldstraw and Sue Goldstraw
5th Sunday	Mary Clarke and Margaret Castle

Many thanks for the flowers in Church during June. A Guild Meeting is being held in Church on Monday 3 July at 7.30pm regarding next year's Flower Festival. Could anyone getting married in St James Church please contact me regarding Church flowers, even if you plan to have outside florists, as it enables me to re-arrange our flower rota. Any queries regarding Church flowers please contact me, **Hazel Stewart** on 01386 832007.

### Youth Group on ice...

"On Tuesday 30th May the Church Youth Group went ice skating to Solihull. We met at the Wheatsheaf Inn car park and set off in a convoy of cars. When we got there we changed our shoes for skates, but we had to wait a little while for the ice to be cleaned, then the fun began!! We had an hour and a half skating, slipping, sliding and bumping. When we were finished skating we were treated to chips and a drink, all in all it was a fun afternoon. On behalf of everybody I would like to thank Richard, Penny and Sue for organising the trip. We had a brilliant time."

Sam

# August

**Badsey with Aldington** 

**Baptisms** 

From the Parish Registers

18 June Thomas Lance Oscar Smith

18 June Lewis Matthew Underhill

August in, Children play, On a seaside holiday.



Tide out,
Boats away,
Sailing far
beyond the bay.

Harvest in,
On the farm,
All the hay is
in the barn.

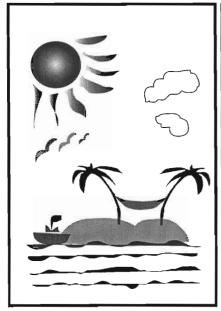


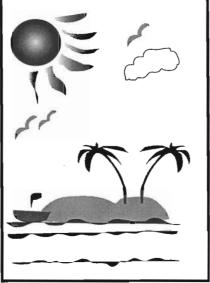
it's
PICNIC TIME!

#### Bugles Kids ● Bugles Kids ● Bugles Kids

#### SPOT THE DIFFERENCE

Look at the two pictures below and see how many differences you can spot. Answers are printed underneath





cjord; batt of poat mizzing; baim tree moved; part of sea mizzing Differences in lower picture: Mizzing sun ray; no hammock; no small seaguil; new seaguil by sun; mizzing

# HOME & GARDEN

#### Gardening for July

Pinch out the growing tips of basket and container plants to encourage them to produce bushy even growth and lots of flowers.

Biennials, such as Foxgloves, Sweet Williams, Canterbury Bells and Forget-me-nots, should be sown as soon as fresh seed is available.

Use a forceful jet from a garden hose to knock aphids off water lilies and other garden plants. Spray roses to protect them against problems with mildew, blackspot or rust.

Lift and divide bearded irises once they have finished flowering. Remove any dormant sections from the centre of the clump and replant the fresh new shoots.

Remove faded flowers on Lupins, Delphiniums and other perennials. In some instances, early pruning can encourage a second flush of flowers late in the season. Cut the flower-spike down to just above a new shoot or leaf

and give each plant a generous liquid feed to encourage fresh growth. Remove the seedheads from aquilegia to prevent them from spreading.

Woody stemmed herbs such as sage and thyme produce lots of fresh healthy new shoots at this time of year, that will quickly root if taken as cuttings.

Sideshoots on cordon gooseberries and currants should be pruned back to about five leaves or 10cm (4in) long.

The natural June drop on fruit trees will thin out a heavy fruit crop to some degree, but it is worth lending a hand. Pick off any small, damaged or diseased fruits to leave those remaining spaced 10cm (4in) apart.

Some trees produce unwanted shoots from their base or stems. Cut them cleanly away with secateurs to prevent them sapping strength from the plant.

# **RECIPE CLUB:** Cheats Chocolate Pots An easy desert for special occasions

1 500g carton fresh custard 200g dark chocolate, broken into pieces

Put the custard in a small pan with the chocolate pieces. Heat gently, stirring all the time, until the chocolate has melted.

Pour the mixture into four small coffee caps or ramekins and serve immediately.

Alternatively, leave to cool slightly and serve as a chocolate sauce with vanilla ice cream, or as a fondue with fresh fruit (eg pineapple pieces, sliced banana, raspberries, strawberries or chunks of mango) threaded onto skewers for dipping.

### **Comfort factor**

During the last few months members of Badsey Mothers Union have collected lots of teddies and soft toys which have been passed on to Worcester Diocese, to be placed in hospitals, homes, prisons and ambulances, to bring comfort to children.

We are now knitting squares to make into blankets and shawls for the elderly. Some of our members are making baby gowns and bonnets which are sent to local hospitals to dress still-born and premature babies.

Our July meetings are as follows:

Wednesday 5 July at 10am. Communion in Church

Tuesday 11 July at 2.30pm. Our speaker will be Miriam Tresidder talking on "Age Concern".

Tuesday 25 July at 6.30pm. Our annual garden meeting at 36 Brewers Lane.

We are always pleased to welcome visitors to any of our meetings so do come along and meet us.

For further information contact SANDRA SPARROW on 01386 833368.

# Ordination of Revd Sarah Mitchell at Worcester

Many of you will have attended Worcester Cathedral last year when Sarah Mitchell of Offenham was made a Deacon. As some of you may already know, Sarah is to be ordained as a Priest at Worcester Cathedral on the morning of Sunday, 2 July 2006.

Sarah, daughter of Mr and Mrs Spencer Mitchell of Bretforton, is 27 years old and was ordained a Deacon on 3 July 2005. She has been based at St Luke's, Cradley Heath and also assists at St Peter's – Darby End and St Andrew's – Netherton, which are neighbouring parishes.

The only services in the Benefice that day will be an 8am Holy Communion at Offenham and a 6.30pm Evensong at Badsey.

Following the positive comments resulting from last year's coach trip, we are hoping that many people from the benefice will want to go to the Cathedral in support of Sarah this year, and we intend to organise another coach.

There is a list inside the Church for you to put your name down if you would like to go. Exact timings (and costs) will be available nearer the time. The coach would depart about 9am (or just before) and return about 2pm.

Richard Court

# Free membership and Spa days on offer...

Here's your chance to get in shape this summer at *The Spa at The Lygon Arms* with this great **competition** and fantastic **reader offer**.

We are giving away one three month membership as our **star prize** and the first 10 readers to call the club will each receive a **free day's pass**.

And more good news is in store for those who then join *The Spa* because they will also receive £150 in Paramount Hotel and Club Discount Vouchers, which include a free back, neck and shoulder massage, three Personal Training Sessions, guaranteed upgrades and "money off" stays at any one of the Paramount's 20 luxury UK hotels.

The excellent health and leisure club with its indoor heated pool, saunas, steam rooms, spa, Jacuzzi and fully equipped high tech fitness suite, makes the ideal venue for getting in trim and relaxing with complimentary coffee, tea and juices.

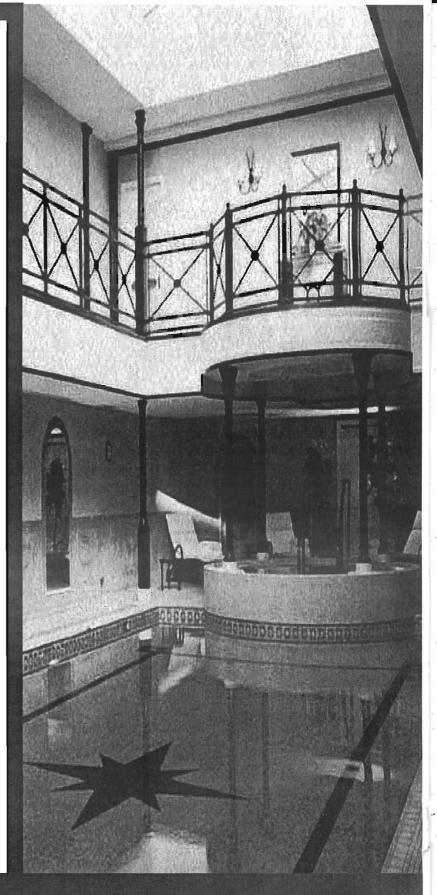
To find out more about *The Spa*, its fitness classes and one-to-one training, please call Alex Rush or Robert Charnley on 01386 854424.

And remember... the first ten callers receive a free day's pass.

To be in with a chance of winning a three month membership, please name two of the club's great facilities and send your answers on a postcard to:

Robert Charnley,
General Manager
The Lygon Arms Spa & Country Club
Broadway,
Worcestershire, WR127DU

Note: this competition is open to those aged 16 and over.



# LOOKING COOL FOR THE POOL

Health Club memberships start at just £10 per weekend and include £150 in gift vouchers when you join. With expert personal training available and free use of towels. THE SPA & COUNTRY CLUB AT THE LYGON ARMS BROADWAY

A Paramount Signature Hotel

# WI member gives birth!

The ladies' speaker in June was Beth, a midwife from the London's famous Portland Hospital, who provided a lively and vivid description of her work. It goes without saying that she was helped hugely in her endeavours by introducing (amidst screams of laughter) a so-called "first time pregnant 36 year old woman, due to give birth at any time" aka Jane Thompson (36 years old – don't think so!). Beth demonstrated the various stages that patients go through upon entering the hallowed doors of the hospital. No nasty medical procedures for them! They just lie back in their private en-suite rooms and have a massage, pedicure, manicure, cordon bleu meal, glass of champagne, you name it! A mobile epidural unit takes care of any labour pain and eventually out pops a lovely little baby. Of course it costs a few thousand pounds, but it was fascinating to see how the other half give birth. A lovely, interesting and entertaining evening, which was attended by yet another new member and three visitors.

Badsey WI meets the second Wednesday of every month at The Remembrance Hall, Badsey at 7.15.pm. For details contact Stephanie Hartley on 01386 860938 or Liz Cudd on 02386 831233.

#### BADSEY FLOWER SHOW

Saturday 22 July 1pm to 5pm

## Badsey Recreation Ground, Sands Lane

Entry Night: Tuesday, 18 July – 6pm to 9pm or forms to the Spar Shop.

For hire of stalls please contact Adrian Barradell on adrian.barradell@midcounties.coop or 07976 055376

For advertising or sponsorship please contact Phil Insley on insley.family@btopenworld.com or 01386 830764

# Getting the best out of your barbeque

hings have come a long way from when the British first took up the idea of lighting a BBQ and indulging in a little outdoor cooking. Gone are the days of charcol lumps pretending to be burgers and blackened sausages hiding in soggy buns.

Yes, we can still have our burgers and sausages, but choose top quality beef and tasty handmade sausages such as Simple Suppers' Pork & Mustard\*, found among Warner's Budgen's chilled meats.

Successful BBQs are all about sampling different flavours and being a little adventurous. And since we go to all the trouble of lighting our BBQ, we may as well get our money's worth out of the fuel we use, and cook in stages, enjoying each course as it becomes ready.

Start with fresh sardines, rubbed with a little lemon, olive oil and garlic. They cook in moments and taste as good as anything on offer in the Algarve.

Just before serving the starter, pop some kebabs on the grill. Warner's Budgen's stock a variety of spiced kebabs by Martins Butchers of Broadway, including Chicken, Peppered Steak and Chinese Pork. Or go for their Smokey BBQ ribs.

Marinate some Lloyd Maunder Devonshire Gold



Organic chicken breasts in Orange Blossom Honey mixed with Shaken Oak Mustard with Herbs.

When it comes to accompaniments – think beyond a simple salad. Hot vegetables are lovely with grilled meats and Warner's Budgens make it easy by stocking Cranks\* Mediterranean Roasting Vegetables with free kebab sticks.

It's not over yet, though... there's still some cooking to do: grill chunks of pineapple or banana and serve with Just Rachel's Vanilla Ice Cream (nothing but Herefordshire cream, British sugar and a vanilla pod).

\*All named products are supplied to Warner's Budgen's in Broadway by local specialist food producers, except those marked \* which come from further afield.

#### • BARBEQUE EQUIPMENT AND PRODUCTS FROM WARNER'S BUDGENS...

Deluxe BBQ Set: Apron, Tongs, Fork and Basting Brush Spatular with bottle opener Lighting Fluid Charcol Briquettes Flamefast Firelighters Lumpwood Lighting Cubes Instant BBQs

#### **Benefice Web Site**

I am pleased to announce that the benefice now has a website, and I am very grateful to John Cole for the hours of work that he has put in to get the site up and running. Each of the parishes has their own entry on the site, which includes a short introduction to the parish, the services for the month, and links to other local websites. There are also sections for benefice-wide events, our youth group and our German Partnership (who are visiting us from the 6th July). Please do have a look and if there are things you would like to see added please contact the webmaster via email web-

> The address is www.ourbenefice.org.uk

master@ourbenefice.org.uk

### Fiesta Cakes & Caterers

**OF WICKHAMFORD** 

Est 2001

Where excellence comes as standard from a small run family business and our award-winning chefs

- Birthdays, Christenings, Weddings etc\
- All occasions catered for
- Corporate lunches
- Photo Image Cakes **OVER 2,000 SPECIAL OCCASION** CAKES NOW COMPLETED

TEL: 01386 834183

#### MIKES JOB SHOP

**GENERAL BUILDER** 

Walls built & repaired Plastering & plumbing

Carpetry & joinery Painting & decorating

Windows & doors replaced or repaired Laminate floors laid

Fencing repaired or replaced

Free quotes & competitive rates 07913 055458

# **NEED A TAXI?**

TREVOR BEALE

Friendly and reliable local

car service, long or short journeys.

Tel: 07798 767688

#### THE BADSEY SOCIETY

The Society will be having its usual stand at the Badsey Flower Show, to be held this year on 22 July.

Please visit us and hear about the progress made with the Enclosure Map projects (both Badsey and Aldington).

A framed copy of the Badsey Map, actual size, is now on permanent display in St. James Church. Similarly, the Aldington Map may be seen at the Remembrance Hall.



#### HOLIDAY COTTAGE

In idyllic scenery, a two minute walk to the spectacular DOLGOCH FALLS in mid-Wales in the Snowdonia National Park. Close to the Sea, Aberdovey, Cader Idris & the Talyllyn Railway.

Two bedroom farm cottage sleeps five. Kitchen /living room, bathroom, utility room, TV,

oil central heating, linen supplied, vast garden, parking. Stream.

Let all year round. From £250 to £375 per week. Shorter breaks available. Pets welcome inc. ponies. Art & Pottery courses available. Friendly owners.

B&B also available in main farmhouse from £20ppn

Tel 01654-782382 www.stanwaywoodcraft.co.uk e-mail dolgoch@dial.pipex.com

# Useful numbers

l Court 834550
831260
831004
n 831194
son 830367
ter 833929