

Companionship & reflection

How do you feel about autumn? For some of us it is a time of celebration, looking back on some holiday time, and enjoying days of blue skies and sunshine. Our Ukrainian family staying with us love walking along the footpaths here in the Vale, and we have had several expeditions to Twyford country park, coming home with blackberries to turn into jam or to add to all the apples that grow on the trees in our garden.

Yesterday I helped some friends to make bottles of apple juice to see them through the winter; the sun was shining on the boxes of apples making them glow like jewels, crimson, gold, and streaks of green against the bright blue boxes on the grass. It was a glorious autumn day, and we had a brilliant time! But I also know that for many of us autumn is a difficult time, beset with worries about the coming winter, with rising costs for food and heating. As the days grow shorter, the air feels colder and the sun disappears behind thick grey cloud for days on end, we ask ourselves 'How will we get through this? How will we manage it all?

One of the (many) things I love about life in our area is the way that all our villages have such strong identities, and that so many of you really value that sense of belonging to a community. By and large, neighbours know each other, keeping an eye on each other and helping when help is needed in some way. You support village events by volunteering or simply turning up to them, and in so many other ways that enable us to feel that we are not alone and don't have to cope by ourselves.

There are times when we come together to celebrate - like the vicarage garden party, Offenham Wakes week with the sports and Maypole dancing, Bretforton Show, the Cleeve cricket match or the Plum pick, and the recent North & Middle Littletons treasure trail - to name but a few. There are times when we come together to lighten a work load - like the churchyard gardening volunteers who meet each Wednesday morning in Badsey - and there are other times when we come together with family and friends for support when something has happened, to grieve and to remember someone whom we have lost.

We do these things together in good times and in bad times, when we are really happy or deep in sadness, remembering that we are not alone. The Bible tells us exactly the same thing – that God is with us all the time. "Do not be afraid; I am with you always." That promise, those words, are said over and over again in different ways all through from beginning to end – and said to different people in very different circumstances through the centuries.

God is with us always, as the group Siskin Green sings, "whether we are climbing up the mountain or living in the valley, God is with us in the glory and in the grey". God is right there with us when we sit in the sunshine or feel weighed down with sadness and worries - like the kind neighbour knocking at the door offering help and company. All we need to do is to open the door....

God bless you, **Rev. Jo Fielding**



07561823135 / Revjo.eastvale@gmail.co	om
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Mrs. Margaret Pye Tel. 833537 Mr. Alan & Mrs. Joyce Bache Tel. 839464

Lisa Farmer Tel. 40401 Faith Quinn: eastvaleavon.churches@gmail.com

The Revd. Joanna Fielding - Priest in Charge of the East Vale and Avon Benefice

(Badsey, Bretforton, Offenham, The Littletons & Cleeve Prior)

Jo can be contacted on **07561823135** (WhatsApp & phone) or **01386 339669**, email **joanna.fielding@hotmail.com** And at The Vicarage, High Street, Badsey, Evesham, WR11 7EJ

Day off is usually Fridays.

Please do get in touch with Jo directly for any enquiries about weddings/baptisms/funerals across our group of parishes or alternatively you can contact our administrator (see above for details)

Services this month

St

Iames

Church

Badsey

Please see the noticeboard in Church Porch for more services within the Benefice. For more information about any of our churches please visit <u>www.eastvaleavon.com</u>. Please do take the opportunity to share fellowship and enjoy worship in any of the parish churches in our benefice

	9:30am	11:00am	Other
6th October 20th after Trinity	Badsey Harvest Festival Service	Offenham Eucharist Cleeve Prior Eucharist	
13th October 21st after Trinity	Bretforton Morning Praise	South Littleton Eucharist	Offenham 7pm Taizé
20th October 22nd after Trinity	Offenham Morning Praise	Badsey Eucharist by Extension Cleeve Prior Harvest Eucharist	The Fleece 4pm Messy Church
27th October Bible Sunday St Leonard	South Littleton Morning Praise	Bretforton Eucharist, Patronal Festival of St Leon- ard	

Entries into the Baptisms, Weddings & Funerals registers

<u>Baptisms</u>	Badsey	Edith Schoenrock Ada Hopkins	
	Offenham	Harry Magee	
<u>Funerals</u>	Badsey Bretforton	Diana Sherriff Lucy Meadows	



Regular Benefice Events

Mondays in term time 8.45am to 11.00 am Drop In at St. James Church Badsey Primarily for adults with pre-school

children. Free cuppa toys music and a chance to chat

Tuesdays in term time Bretforton Toddler Tunes Bretforton Community Club 10am to 11.15am Music time for mothers, babies and toddlers, a time to sing, play and chat with refreshments

Badsey Wednesday Work Group This is a building and churchyard maintenance volunteer group which meet regularly on Wednesday morning. Everyone welcome to join this sociable and friendly group even if it is just for tea and biscuits.

First Thursday of each month Coffee Morning St. James Church Badsey Come and join us for a cuppa and a chat!



Summer Garden Party: THANK YOU!

We would like to thank everyone who helped to make the first Vicarage Garden Party such a huge success! It was amazing to see so many people of all ages chatting together in the sunshine or sitting in the shade, enjoying the fabulous cakes that were on offer, playing games or trying the croquet on the front lawn. The Amazing Human Veg Machine was also particularly popular!

With the raffle and tombola together with the proceeds from the ticket sales, we raised well over £1,000 pounds for our two nominated charities: Medical Aid for Palestinians and Caring Hands in the Vale.

Thank you so much to everyone!

From Rev. Jo Fielding

Badsey Society talk: 'Skeletons in the Closet'



Have you ever wondered if there are interesting people in your family tree, or whether there is any truth in a story told by an elderly relative? Alan Tutton did, and this led to the discovery of a number of ancestors with interesting stories.

Come along to Badsey Community & Sports Club on **Friday 18th October at 7:30pm**, when he will be giving a talk to the Badsey Society entitled "Skeletons in the Closet" which tells the story of some of the people he discovered and their lives. The talk is free to members, and £2.50 for non-members.

Following on from this, on Friday 15th November, the Badsey Society will be holding a family history evening, and the committee are looking for people like Alan who have hit a brick wall in researching their family tree. If you are one of these people, please contact the Society with details of your query, and we will try to help you find some answers. More details next month!

Membership of The Badsey Society costs £5.

Please pay via Paypal at http://www.badseysociety.uk/the-badsey-society/subscriptions, or contact the Treasurer, Will Dallimore, on 01386 831012.

'Silly Snippets'

WHEN I SAY "THE OTHER DAY" I COULD BE REFERRING TO ANY TIME BETWEEN YESTERDAY AND 15 YEARS ABO"

T HAD MY PATIENCE TESTED. I'M Negative.'

T HATE WHEN A COUPLE AFBUES IN PUBLIC AND I MISSED THE BEGINNING AND I DONT KNOW WHOSE SIDE IM ON.'

Thank you to Alex Christison for these! Have you got any ludicrous or comedic top tips for life? Send them in!

Email **badseycn@gmail.com** or send a message to the Facebook page

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Badsey resident Luke Briffett secures Radio DJ spot

We are very thrilled to announce that local resident Luke Briffett, is hosting a brand new radio show on Cotswolds Radio called 'Melodies of Success'.

Cotswolds Radio is a community not for profit radio station broadcasting out of Northleach, Gloucestershire. The station offers a variety of shows designed to keep you up to date on the latest news and views across the region.

'Melodies of Success' will bring a blend of music and inspiring interviews, focusing on the topic of people's advice, experiences, and the music in their lives. It is aimed to be a fun show, with a harmony between the style of traditional radio with a modern style podcast edge. As well as music that has personally shaped Luke's life, tracks will span from the 1960s all the way to 2024, designed to provoke nostalgia or emotion that triggers an exploration or discovery of our journey with music.



Luke's new show will broadcast live every Monday from 7:00pm until 9:00pm and is scheduled to launch in October.

Follow 'Melodies of Success' and Cotswolds Radio on social media to stay updated with all the latest show news!

Want to know the best way to listen to Cotswolds Radio?

You can listen online at **www.cotswoldsradio.com** or you can download the **Cotswolds Radio app for Android and iOS.** You can also enable **Cotswolds Radio on Alexa.**

We at the Community News would obviously love the show to thrive, so get tuned in and support! If you would like to be a guest on the show, or know someone who might like to be a guest, then message Luke via the show's Facebook page or email contact@cotswoldsradio.com

The WI is relaunching!

With great excitement, the WI held a re-launch meeting in Badsey at the start of September following the suspension of the village's WI earlier this year. There was a fantastic turnout with lots of eager volunteers to help, and we are pleased to say that the WI will be meeting again next month and plan to move forward to reforming with regular monthly meetings!

We hope to welcome a wide range of women of a variety of ages and with different interests - everyone is welcome!



INSPIRING WOMEN

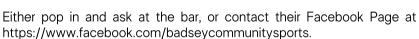


If you would like to find out more, please come along to our next meeting at: **7:30pm on Wednesday 2nd October at the Remembrance Hall** (where we will be trying out facial yoga to try to achieve a non-invasive facelift), or contact Sally at <u>sgrainger@wfedwi.org.uk</u> for more information.

England football shirt giveaway!

During the summer, Badsey Community & Sports Club opened a prize giveaway to win a brand-new England football shirt! The draw will not take place until every square on the board (pictured) is filled, and there are only a few squares left!

To be in with a chance of winning a Home or Away shirt for yourself, simply contact BC&SC and pay $\pounds 5$ for a remaining number.



Upcoming events from the Benefice of East Vale & Avon



Thursday 3rd October Macmillan Coffee Morning <u>St. James Badsey</u> 10.30am to 12pm Raising funds for MacMillan Cancer Support

Saturday 5th October <u>All Saint Church, Evesham</u> 7.00 pm to 10.00pm Silent Disco over 18's only tickets £15 For further info email: <u>events@evesham.church</u>

Sunday 10th October Messy Church <u>The Barn at The Fleece Bretforton</u> Spaces **must** be booked, email <u>pennyanne68@gmail.com</u> or call 01386 830367

Saturday 12th October Harvest Supper St. James Church Badsey Starts at 6:30pm Tickets: Adults £8.00 / Under 14 £4.00 Contact Elizabeth (830638), Marianne (830018) or Wendy (832283) for more information and to book tickets.

Saturday19th October Book and Jigsaw Sale and coffee morning <u>St. Leonards Church Bretforton</u> 10.30am to 12.30pm Nearly new books and puzzles for adults and children



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Badsey Film Club



WICKED LITTLE LETTERS

Date for Your Diaries:

The next film will take place on Saturday 5th October

We will be showing:

Wicked Little Letters (15)

Based on a true story this black comedy follows the investigation into the anonymous author of numerous insulting letters sent to the residents of the seaside town of Littlehampton. It has a fantastic cast and has some wonderful reviews.

The film will start at 8pm in the backroom of the Wheatsheaf, and we sell ice creams at the mid-film interval.

Back to Black Wonka (Saturday 2nd November) (Saturday 7th December)

Community Level

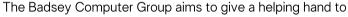
COMPUTER CLUB

For more information, contact Alan Tutton on 01386 831539

If you would like to be an official member of the Badsey Film Club, it's just \$5 per year.

Badsey Computer Club

If you feel that you wouldn't know how to start with a computer or are afraid to use it in case you break it, why not come along to one of our computer group sessions?



anyone who seeks to gain confidence in using their computer. Sessions are very informal, usually with a short discussion of a chosen topic and then plenty of time to answer individual issues. Sessions take place on alternate Mondays in the back room of The Wheatsheaf starting at 10:30am and lasting about an hour and a half.

During October, the sessions are on the following days:

- Monday 14th October
- Monday 28th October
- Monday 11th November

Everyone is welcome! For further information, contact Alan Tutton on **01386 831539** or email <u>alantutton@talktalk.net.</u>



As the nights get longer and the darkness appears all the more often, there's no better time to make sure your home, outdoor, and commercial spaces are shining bright!

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The Draco Constellation By Stargazer

This month's stellar object is large but quite difficult to spot, because it wraps itself around other constellations and other brighter stars. The constellation of Draco, The Dragon, is visible all year round, but is in the northern sky during the summer and obscured by the astronomical twilight. Now that we are well into autumn, Draco can be found in the northeastern sky during the early evening. It is a large constellation that snakes around the constellations of Ursa Major, The Plough, Ursa Minor and Hercules. It consists of at least 14 stars, depending on which chart you use.



Wickhamford

GARDENING

Its brightest star is Eltanin, also known as Gamma Draconis, which serves as a guide for finding the constellation in the night sky. Eltanin is situated in the head of the Dragon and can lie between Ursa Minor and Hercules. It can be easily located by drawing an imaginary line connecting the two outer stars of the Ursa Major bowl and then extending this line. This then leads to a useful starting point for identifying other stars in the constellation.

Eltanin is an evolved giant star that is about 50 times larger than the Sun, but with only about twice the mass. Although large, Eltanin is quite cool, with a surface temperature of only 3,990K and this gives it an orange colour. It is 154 light years away and is moving towards the Sun at the fantastic velocity of 28 kilometres every second. Given this amazing speed, the distances in space are so large that it will not make its closest approach to the Sun for another 1.5 million years, when it will be only 28 light years away.

Another interesting star is Alpha (á) Draconis, better known as Thuban. Thuban is a binary star that is reaching the end of its life and is known as a white giant. It is 300 light years away, 120 times brighter than the Sun, and has finished burning hydrogen in its core. The secondary partner of the binary pair orbits the main star every 51 days, and must be very close indeed! It has only been possible to detect the secondary star by looking at the spectra of the main star and detecting regular changes.

Between 4,000 and 6,000 years ago Thuban was the pole star, but has apparently moved its position due to the Earth's axial precession. The North Star has since shifted to Polaris in Ursa Minor. Precession is the slow movement of the rotational axis of the Earth and can be seen in toy spinning tops. Thuban was therefore the pole star at the time the Egyptians were building the pyramids and, in their theology, Thuban was where the Pharaoh would enter the heavenly realms. This does, therefore, raise questions about some of the wackier theories about the alignment of the pyramids that appear of the Discovery channel.

Draco also contains several notable deep-sky objects that can only be discovered with a telescope. One of the most famous is the Cat's Eye Nebula, or NGC 6543. This planetary nebula is known for its intricate structure, resembling a cat's eye. It is located approximately 3,000 light-years away from Earth and is one of the closest planetary nebulae to us. Another interesting object is the Draco Dwarf Galaxy, a satellite galaxy of the Milky Way. This dwarf galaxy is located about 260,000 light-years away and is one of the faintest galaxies visible with a small telescope.

Despite its rich mythology and numerous celestial objects, Draco does not have any bright stars or famous constellations neighbouring it. As such, it is often overlooked in favour of more recognisable constellations such as Orion or Cassiopeia. Nevertheless, Draco has a unique charm and holds a special place in the night sky due to its mythical associations and astronomical wonders.

If you would like to enjoy the marvel of the Draco constellation, you will need to take a little time to let your eyes become fully accustomed to the dark. In the early evening, look toward the northeast and try to follow the twisting trail of this magnificent constellation as it weaves between other constellations. You will

not be disappointed by the sights that await you, so relax and enjoy the challenge.

Our meeting in August was the Summer Show; we not only had a very good attendance but an amazing amount of entries across all of the classes which was very gratifying. The exhibits were judged by Mr Tom Locke who really had a difficult task. Whilst the judging was taking place, the members took part in a competition organised by Sheila Taylor. It certainly got the grey matter working trying to work out the answers - well done Sheila for finding such an interesting quiz! After all the deliberations the overall winner of the show was Alan Eames, who was presented with the trophy by our Chairman, Terry Sparrow.

Our next meeting, on Wednesday 23 October, is a talk on how and when best to split/divide the plants in your garden. The November meeting is our AGM - please don't be put off by the AGM, as it doesn't last very long and is followed by our Christmas social as we don't meet in December. We would love to be able to recruit a few new faces onto our committee at the AGM, so please give it some consideration as it isn't that onerous and we're always happy to see new members.

If you would like to attend one of our sessions or be a part of the Wickhamford Gardening Club, please contact Barbara Bennett at <u>bennett.barbara@sky.com</u>

Jane Neill's Nature Notes...



October is the heart of autumn; gentle frosts chill the mornings and the weakening sun highlights the changing colours of leaves as they fall to the ground like confetti. At the month's end, homes are decorated with spider's webs and bats at Hallowe'en.



Bats hibernate from October to March. They are the only flying mammal! Along the grassy footpaths greater plantain still thrives with its rosette of broad-ribbed leaves and tall spikes. The seeds were accidentally transferred to America in the 17th century, and the Indians called it the Englishman's foot as though it was produced simply by the treading of the settlers!



Dragonflies may still be seen in October. What I had not expected to see was a fleeting encounter with a dipper by the ford. Dippers are usually found by fast-flowing streams and rivers in the Uplands, SW England and Wales, Specially adapted for underwater swimming, they have very dense plumage and strong wing and feet muscles. Their eyes have a third membrane, and their nose

(How amazing is this painting of a dipper done by Jane!)

has a flap they can close underwater. They mostly feed on stonefly and caddis fly larvae.

The bobbing movement gave it away, and as it flew off a kingfisher flew out of the willow above. How lucky was I!

Breast Cancer Awareness Month

breast October is Breast Cancer Awareness Month, and is conceruk. recognised to raise awareness of breast cancer and support lifesaving research, prevention, and treatment. Unfortunately, most of us (if not all of us) know someone affected by breast cancer, which is why it is so important to know how to reduce the risk of such a lifechanging condition.

According to Breast Cancer UK, 55,000 women and 400 men in the UK are diagnosed with breast cancer each year. To help reduce your risk, Breast Cancer UK recommends six vital things to incorporate into your daily life:

Drink less alcohol: If you choose to drink alcohol, drink in moderation and stay within the UK government guidelines of 14 units per week.

Get physically active: According to Breast Cancer UK, being physically active can reduce your risk of breast cancer by around 20%.

Maintain a healthy weight: Maintaining a healthy weight relieves the risk of breast cancer, as well as the likes of heart disease, diabetes and sleep apnea.

Eat lots of fruits and vegetables: Making good food choices and fuelling your body with healthy nutrients can reduce the risk of cancer.

Be aware of harmful chemicals: Many chemicals, such as those found in tobacco, may affect your risk of breast cancer.

Check your breasts regularly: Checking your breasts regularly for lumps and other abnormalities can help you catch symptoms early. To learn how to check your breasts and how often you should do it, visit https:// www.breastcanceruk.org.uk/check-your-breasts/.

Information sourced from www.breastcanceruk.org.uk

If you, or someone you know is affected by a cancer diagnosis, the following support lines are available:

Camden Home Nursing (Local): 01386 840505 Macmillan Cancer Support: 0808 808 00 00 Cancer Research UK: 0808 800 4040 Samaritans: 116 123



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Badsey & Aldington Parish Council

The Parish Council can be contacted by:

Email	badseypc@yahoo.co.uk
Phone	07591 533557 (Mon - Thurs 9.30am to 3pm)
Website	www.badseypc.uk.
Post	Ty Gwyn, Church Street, Offenham, WR11 8RW

<u>Date of next meeting:</u> Wednesday 16th October

Meeting starts at 7.30pm in the Remembrance Hall.

Parishioners are welcome to raise matters that they wish to bring to the attention of the PC at the beginning of the meeting. After that, they can stay to observe the meeting

This month we chat to Parish Councillor Lucy Close:

1. How long have you been on the Parish Council? I've been on the Parish Council for just over 12 months.

2. What post on the Parish Council do you hold?

I sit on the Parish Council in general, and have been enjoying learning about the various roles and posts since I joined.

3. What sub-committees are you on?

I have recently joined the Planning

committee.

4. What's your favourite village event?

I love the Soapbox Race, and I was sorry to see the event could not go ahead this year. I am also very fond of the Flower Show and its long history, and I'm very much looking forward to attending the Christmas event for the first time this year!

5. How long have you lived in the parish of Badsey & Aldington?

I moved here with my family at the end of 2020 - so I am a relative village newbie! We moved during a Covid lockdown which was a strange time to move, but we have been made to feel very welcome and are loving being involved in village life now.

6. Where were you born?

I was born in London and grew up in a village in Kent. We moved from Birmingham where my husband and I worked.

7. What's your favourite meal?

A good BBQ in the garden with the sunshine!

8. What's your favourite holiday destination?

I love travelling and have been fortunate enough to visit some amazing places. The family favourite at the moment is Greece, as it's perfect with small children! We also love going to the beaches in Cornwall."

9. How would you describe your music taste? I love a mixture of genres, but anything you can dance to, really! Soul, Pop,

Motown...

10. What's your claim to fame?

When I was 12 years old, I recorded the voiceover for a cartoon Octopus named Ollie which featured on the local radio. This was the beginning (and end) of my career in show business!

On behalf of the editorial team, we'd like to thank you for your contributions and making last month's issue a success!

If you'd like to contribute to future issues of the Community News, please either leave handwritten entries at 32 Seward Road, Badsey, 6 Horsebridge Ave or email badseycn@gmail.com

If you would like to donate to the Community News fundraiser, please visit: https://www.justgiving.com/ crowdfunding/ian-devine



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